

ILLINOIS HARVEST OF THE MONTH

Illinois Harvest of the Month 101

Harvest of the Month overview

Illinois Harvest of the Month celebrates a different in-season, locally grown food item every month. Registered school districts and early care sites receive a seasonal calendar of suggestions for what to feature, then choose what works best for their meal program.

It's an easy, free, and fun way to buy and serve more local food while teaching students about healthy eating, nutrition, and agriculture!

How do I register?

Representatives from school districts and early care sites register for the program by visiting www.harvestillinois.org. There is no cost to join. Annual registration opens in the spring and closes by November 1st.

Program requirements:

- Participate in at least one check-in phone call with the Illinois Farm to School Network's Program Manager
- Fill out two surveys over the year to share updates and feedback
- Display the Illinois Harvest of the Month signs and other materials in participating cafeterias.

Register now – it's free!
www.harvestillinois.org

Free resources for registered sites

- Calendar with seasonal food options to choose from each month
- Harvest of the Month icons to use on menus, websites, social media, and more
- Fun & nutrition facts for over 20 foods
- 100+ recipes for foodservice, summer feeding programs, and early care meals
- Materials to share with families & local grocery stores or farmers markets
- Monthly emails with celebration tips
- One-on-one technical assistance

Where do I find local food?

Never fear! The Illinois Farm to School Network is partnering with FarmLogix to ensure availability of local items through broadline and produce distributors. We also encourage you to source from your school garden or consider building direct relationships with farmers in your area. Whichever path works for your program, all registrants are provided free resources and technical assistance to help make it easier.



ILLINOIS HARVEST OF THE MONTH

2018-2019 Seasonal Calendar

AUTUMN



Apples
Pumpkins
Potatoes
Brussel Sprouts

Kale
Cabbage
Plums
Hard Squash



WINTER

Beets
Dairy
Honey
Grains
Carrots



SPRING

Spinach
Peas
Radishes
Rhubarb
Asparagus



SUMMER



Cucumbers
Melons
Sweet Corn
Tomatoes

Berries
Summer Squash
Lettuce
Bell Peppers



Register now!

www.harvestillinois.org



Illinois Farm to School Network is a program of Seven Generations Ahead and a Core Partner of the National Farm to School Network.

Illinois Farm to School Network
Office: 708.660.9099
www.illinoisfarmtoschool.org

Find us on   

