



Continuing Education

Certificate of

Attendance

Illinois Farm to School Network

OCT 15,, 2019 Parkland College,

Champaign

Central IL Farm to School Boot Camp

Participant: **Highlight** classes attended.

Farm to School 101: Connecting the Dots at Your Site 8:15am-9:00am 45 minutes

Learn the basics of Farm to School. Next, learn to connect your Farm to School efforts to culinary arts, FFA programs, indoor and outdoor garden programs, cafeteria and meal programs, area grocery stores, food pantries and many more health-centric organizations in your community to create a cohesive program that builds lifelong, good eating habits and promotes community connections.

Educator: Diane Chapeta, IFSN Programs Manager

Adding Farm to School Programming, One Apple at a Time! 9:10-10:30am 80 minutes

Add programming pieces that will build your farm to school know-how and capabilities. Learn how to create a program poised to grow with your community. Understand how to create sustainability through donations, community experts, and funding sources near and far.

Educators: Diane Chapeta, Mary Hosier, IL Farm to School Network Coordinator

Menuing Your Local- Different Styles for Different Programs 10:40-11:30 50 minutes

Buying locally is just the first step. Now you have to get it on the menu, add it to recipes or tastings, and get kids to like it. Piece of cake! Right? Let us show you some basics of menuing and incorporating local into your food program for K-12 and for early childhood programs.

Educator: Diane Chapeta

Play the Comparison Game! 12:35-1:40pm 65 minutes

Utilizing what we have learned so far, participants will share new insights about their programs based upon a question presented on subject cards handed out randomly. Laugh and learn from participants in the room as we apply newly discovered fundamentals to problems, possible advantages and unknowns at participant sites!

Educator: Diane Chapeta

Connect Local to Standard Procurement 1:45- 2:45pm

Learn how to buy local through DOD, buy direct from growers with a Micro Purchase and how to add bid language that works and is allowable for both USDA and CACFP! Next, learn how smaller sites can work with mid-sized sites to increase buying power and share the local bounty.

Educators: Diane Chapeta IFSN, Pete Skorsky, Get Fresh Produce, Cristy Davenport, Vermillion Produce



**Farm Tour and Meet!
minutes**

3pm-5pm, 120

We switch locations and drop by the Fowler Farm in Champaign for a 'Meet Your Farmer" and farm tour event of the farm. There will be local farmers to meet and get to know.

Educators: Mary Hosier, IFSN, Ann Swanson, Fowler Farm, Terrell Williams, Henrick House

To be completed by participant:
Attendee Name:

School District or Site Name:

Date:

Participation verified by: Diane Chapeta, Program Manager/Trainer, IL Farm to School Network Seven Generations Ahead 1049 Lake St Oak Park, IL 708-660-9909